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Leewood Times



To submit an article:

- Send us an email
- Be positive and informative
- Deadline August 15th

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Leewood Time Summer Fun Guide 2008

School is out and there is a whole summer ahead in Northern Virginia. Summer is one of the best times to be in our area and you can take advantage of all the region has to offer. Amazing beaches, gardens, pools, outdoor concerts and movies, events and activities, and much of it is completely free! The editors of the Leewood Times have put together a guide to summer fun that includes everything you need to know to make this the coolest summer ever. So check out your favorites online at www.leewood.us/summer.htm and get out and enjoy the season.

Happy Fourth of July! – Events in our Area

The district is a spectacular place to celebrate July 4th! The National Mall, with Washington DC's monuments and the U. S. Capitol in the background, forms a beautiful and patriotic backdrop to America's Independence Day celebrations. One of the most attended events of the year; people arrive early to stake out a seat on the lawn to enjoy one of America's largest fireworks displays over the reflecting pool on the National Mall while listening to a PBS Concert of the National Symphony Orchestra. There are many firework displays in our area, and here is sample. For a full listing, visit www.leewood.us/summer.htm.

Fourth of July Fireworks on the National Mall - usually around 9:30 pm

Spectacular views of the fireworks can also be seen from Marine Corps War Memorial (Iwo Jima) in Arlington, Virginia near the Rosslyn Metro station and areas along the Virginia side of the Potomac River that can be reached from George Washington Memorial Parkway.

Fairfax City Evening Show and Fireworks - 7-10 pm with fireworks at 9:20 pm

Location: *Fairfax High School 3500 Old Lee Highway, Fairfax, VA*

The city of Fairfax hosts an all day event starting with a "march down history lane" Independence Day Parade starting at 10:00am. Afterwards there is a firefighter competition with food, beverages and games, concluding with an evening show with live music and fireworks.

George Mason High School - 7:00 pm-10:00 pm

Location: *7124 Leesburg Pike, Falls Church, VA.*

Live music will start at 7:00 pm followed by fireworks at 9:30 pm



Leewood's 2nd Annual National Night Out

Leewood will again participate in National Night Out on August 5, 2008. Festivities will start at 7:30 p.m. in the common area between 7026 and 7018 Leebrad Street. Hot dogs, chips and soft drinks will be served. Hopefully this year, the weather will cooperate and we will avoid the 99 degree plus temperatures we had last year. The entire family is welcome including children. Come meet your neighbors and meet with law enforcement officers and other county officials. We hope to see you there.

Please Join us

Tuesday, August 5th in the
common area between 7026 and
7018 Leebrad Street.

Summer Safety for Your Pets

Summer is the time to get out with the family (and likely a family pet or two) and enjoy recreational activities. Here is a reminder of summer dangers to pets and children so that all of the fun isn't spoiled by an unsuspected emergency or illness.

Heat Stroke - *Most people are aware that leaving a pet in a locked car on a 100F degree day would be dangerous. Driving around, parking, and leaving your pet in the car for "just a minute" can be deadly. Cars heat up fast -- even with the windows cracked. Note: if you see pets or children in cars on warm days, please take action and call the police or fire department - time is critical.) Signs of heat stroke include body temperatures of 104-110F degrees, excessive panting, dark or bright red tongue and gums, staggering, stupor, seizures, or vomiting. Brachycephalic breeds (the short-nosed breeds, such as Bulldogs and Pugs), large heavy-coated breeds, and those dogs with heart or respiratory problems are more at risk for heat stroke.*

Jogging - *As the weather warms, humans alter the type and amount of clothing worn, and we sweat more. Dogs are still jogging in their winter coat (or a slightly lighter version) and can only cool themselves by panting and a small amount of sweating through the foot pads. Many dogs, especially the 'athletes' will keep running, no matter what, to stay up with their owner. Change the routine to early morning or late evening to prevent heat stroke.*

Antifreeze - *With the warmer temperatures of summer, cars over heat and may leak antifreeze. Antifreeze tastes sweet and is inviting to pets (and children). It is also extremely toxic in very small amounts. Call your Veterinarian (or Physician) immediately if any ingestion is suspected.*

Summer Travel - *if you are traveling outside of your normal Veterinarian's locale, it is wise to check out the Veterinary clinics/hospitals in the area that you are visiting, before the need arises. It is better to be prepared for an emergency and not have one happen than to panic in an emergency situation, wasting valuable time.*

How to Save on Summer Travel

Summer is HERE, so before you load the kids into the car to escape town, there are few money-saving tips you might want to consider. For a complete guide with 75 tips on how to save money when you travel, visit www.leewood.us/travel.htm

- Find a hotel room with a kitchenette so you can take care of a few meals yourself instead of eating out for every meal.
- Turn the air conditioning off or down and unplug large appliances like TV's and computers.
- Put your lights on timers, and turn off automatic sprinklers.
- Consider a volunteer vacation--the volunteer portion of your travel may be a tax write-off.



Virginia Wines have Come of Age

Now home to more than 100 wineries, Virginia boasts a vast array of award-winning wines. Virginia wine is growing – in reputation, quality and appreciation. It's turning heads and taste buds. Virginia's wine industry has come a long way from its inception and continues to grow exponentially. In 1979, Virginia had just six wineries, and a little over 15 years ago a total of 29 wineries were producing 75,000 cases of wine. By 2001, the Commonwealth's wine industry had grown to 75 wineries, producing more than 285,000 cases of wine. And the industry continues to expand. Virginia's wines continue to garner national and international awards, including a "Best of Show" in a California competition. Virginia wines can be found throughout the state in retail outlets, restaurants and at festivals and special events. Wines can also be purchased directly at the wineries.

Movies Under the Stars – *Two Places to Go for You and Your Family*

What's better than enjoying the summer nights with a movie under the stars? There are two place that feature popular movies at night for the rest of the summer. On Monday nights bring a blanket to the National Mall and watch a classic film. The films will be shown beginning at dusk, around 8:30-9:00 p.m. Closer to home in Shirlington, you can enjoy family friendly outdoor movies. The films will be shown on Wednesday nights beginning at around 8:45 p.m. and remember to bring your own blanket or chair. All the Movies are FREE and play except in extreme weather with no rain days.

Mondays	Wednesdays
Movies on the National Mall	The Village at Shirlington
July 21 st - The Candidate	July 9 th - Shrek 3
July 14 th - Dr. No	July 16 th - Dresses
July 28 th - Arsenic and Old Lace	July 23 rd - Spiderman 3
August 4 th - The Apartment	July 30 th - Bourne Ultimatum
August 11 th - Superman	

How To Create your Very Own Butterfly Garden

Want to add color to your yard and give Mother Nature a helping hand at the same time? Plant a garden for butterflies and other pollinators! There's nothing like 'flying flowers' to put a smile on your face. There are over a 100 species of butterfly in Northern Virginia. Many of them can be encouraged to call your yard home with a little planning ahead of time. There are just a few basic principles to keep in mind if you want to attract the maximum number of butterflies.

- **Avoid using pesticides and herbicides.** Butterflies are insects and so are obviously very susceptible to them.
- **Shelter.** Provide some protection from the wind. Gardens planted without something acting as a windbreak will not get as many butterflies.
- **Plant for continuous blooms.** Butterflies need to feed from spring through fall. A burst of flowers will only keep them around for that short period of time. A succession of blooms will keep different species around the whole growing season. Deadheading (cutting off of spent blooms) will keep many plants re-blooming.
- **Locate your garden in a sunny spot.** A sunny location allows the butterflies to warm up and allows for a better diversity of blooming plants. Many plants bloom better with more sunlight so an area receiving at least 5-6 hours of sun is preferable.

The following are favorite butterfly nectar sources for growing in Northern Virginia - *Asters, Blazing Star, Butterfly Bush, Butterfly Weed, Button Bush, Coreopsis, Cupplant, Dogbane, Fleabane, Goldenrods, Lantana, Mistflower, Monarda, Oxeye Sunflower, Purple Coneflower, Rudbeckias, Swamp Milkweed, Thistle, Wild Blue Phlox, Verbena and Zinnias.*

Leewood Homeowners Association

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To submit an article:

Email us at:

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Help Prevent Crime in Leewood

If you see someone suspicious lingering in the area, notify the police department

(703) 691-2131



FROM THE BOARD

Planning a Summer Trip? - *Let USPS hold your mail*

Put your mail on hold online or by filling out a simple card from the post office. Whether you are on vacation or an unexpected business trip you can rest easy knowing your mail is safely held for you at your local Post Office. The online service will electronically notify your local Post Office to hold your mail. For same day service, online requests must be submitted at <https://holdmail.usps.com/duns/HoldMail.jsp> by 2am CST Mon - Sat. Mail can be held from 3 to 30 days. The Post Office will resume normal delivery of your mail on the date you specify.

Fairfax County Police Department wins National Award

Our very own Fairfax County Police Department was awarded first place overall and received the 2007-2008 National Law Enforcement Challenge Award by the IACP (*International Association of Chiefs of Police*) Highway Safety Committee at their mid-year meeting.

The Law Enforcement Challenge is a competition between similar sizes and types of law enforcement agencies. It recognizes and rewards the best overall traffic safety programs in the United States. The areas of concentration include efforts to enforce laws and educate the public about occupant protection, impaired driving, and speeding. This year there were 560 total applications that were categorized and judged.

Here are some of the programs that our FCPD was recognized for.

Click it or Ticket (*seat belt enforcement*), Smooth Operator (*targeting aggressive drivers*), Street Smart (*pedestrian safety*), Safety by the Bus Load, SOS - Start of School (*School Zone speed enforcement*).

Tips to Help Keep Your Car From Being Burglarized

Motor vehicle larcenies tend to pick up during the summer months. GPS devises are designed to be portable and very difficult to trace when they are stolen. Here are some tips from the FCPD to help prevent you from loosing your property from your car.

- Never leave valuable items in your vehicle. That cellular phone GPS, loose coin/money in the ashtray, laptop computer, briefcase, etc. can be easily taken by smashing the window.
- Avoid leaving items in your vehicle that contain your personal information (mail, check stubs, check books, passports, etc.). An increasing amount of vehicle thefts are committed for the purpose of obtaining goods and personal information for committing identity theft.
- Do not keep your registration, pink slip or any other personal information in your vehicle. You should keep a copy of your registration and insurance card in your purse or wallet, but not inside your car where it can be stolen.